



JOIN **ANYTIME FITNESS**
(PRESCOTT VALLEY) FOR THE

2010 HEALTH & FITNESS FAIR

ON JANUARY 9TH, 2010 FROM 9AM TO 5PM.

EVENT INCLUDES:

- o FACE PAINTING FOR KIDS,
- o RAFFLE DRAWINGS,
- o BOOT CAMP CLASS,
- o SPIN CLASS,
- o SPECIAL GUEST PRESENTATIONS
- o FOOD & DRINKS BY PONY ESPRESSO
- o AND MUCH MUCH MORE!!!



WELCOME OUR SPECIAL GUESTS, FILIPE FA & SIONE FA
FROM THE **BIGGEST LOSERS** SEASON 7!

CONTACT LEANNE AT ANYTIME FITNESS FOR MORE DETAILS.
ANYTIME@CABLEONE.NET OR 928.443.5701

Booths

Prescott Valley Chiropractic
Bradshaw Promotions
Yavapai Regional Medical Center
PV Police Department
"I lost it at the Club"
Personal Trainers,
Nanci Bosick & Susan Filer
And more....



BEFORE



AFTER

10-12 PM

Guest Speakers

1-2 PM

Self Defense for Women
and Girls ages 14 and up

2:30-5 PM

Zumbathon